

Teladoc Health's Chronic Condition Management Plus package offers an integrated approach to managing multiple chronic conditions.

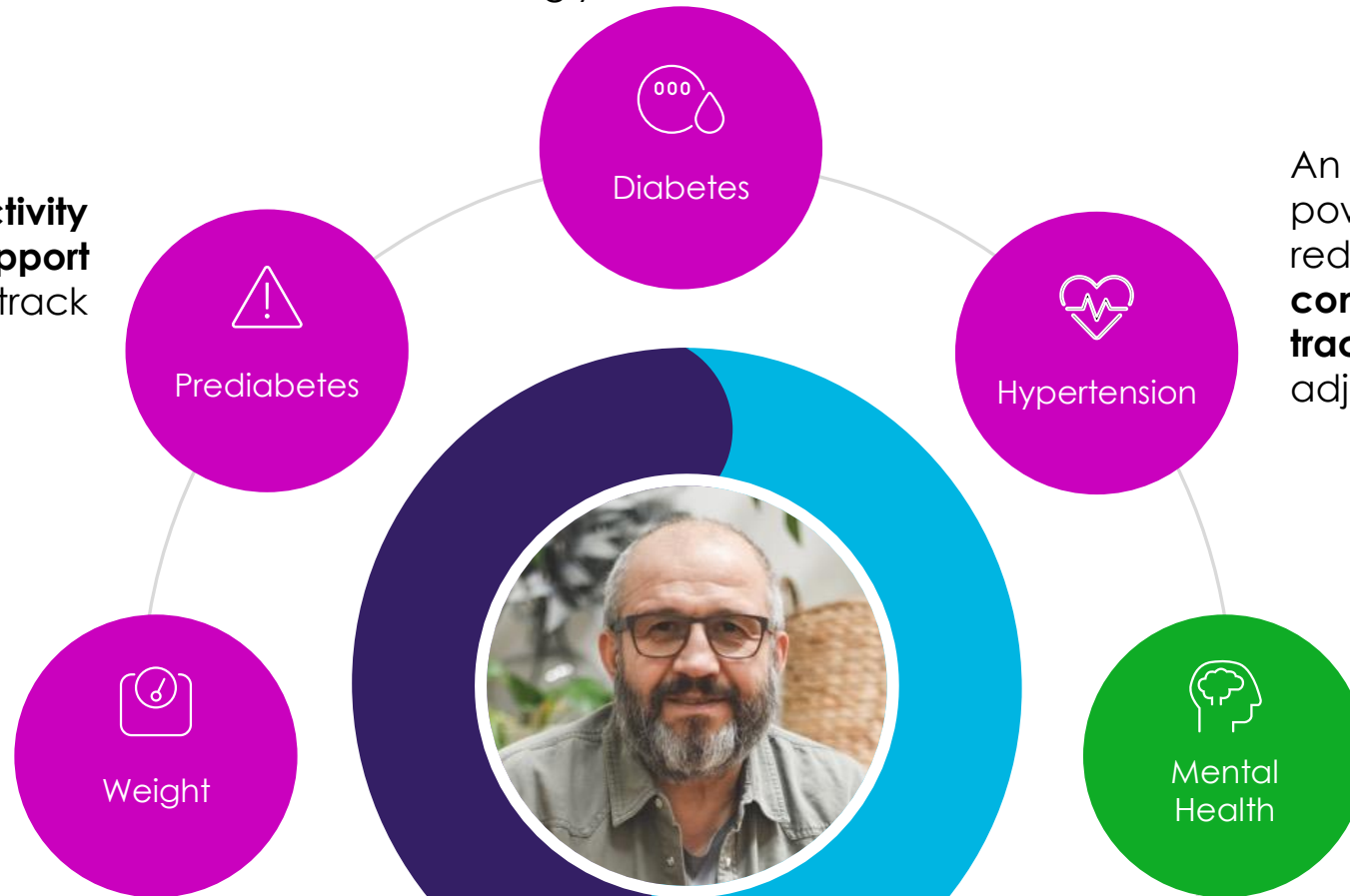
Personalized tools and support to track blood sugar, develop healthy lifestyle habits and improve glycemic control

Evidence-based **curriculum, activity tracking, coaching and support** helps keep members on track

An engaging and clinically powerful program proven to reduce blood pressure with **continuous motivation, daily tracking** & effective adjustments

Structured engagement to improve nutrition, exercise and weight loss

Integrated mental health offers a range of **digital courses and live support**, tailored to individual mental health needs



Connected devices

CONNECTED DEVICES AGGREGATE REAL-WORLD DATA SECURELY AND EFFORTLESSLY TO DRIVE ENGAGEMENT AND INFORM PERSONALIZATION



Diabetes



Hypertension



Diabetes prevention and weight management

Member registration



Multiple ways to join

- www.teladochealth.com
- 1-800-Teladoc
- Teladoc Health app
- Members use a client-specific registration code: **PARSONS**



Information gathered

- Personal Information: Name, address, email, password
- Insurance information: Member/health plan ID
- Health profile: Creates a tailored experience from the start of the program

