Benefits that may help cover costs such as those not covered by your medical plan.



Enrollment Period: October 30, 2023 - November 19, 2023

Accident Insurance Benefits

With MetLife, you'll have a choice of single plan (called the "High Plan") that provide payments in addition to any other insurance payments you may receive¹. Here are just some of the covered events/services².

		HIGH PLAN
BENEFIT	BENEFIT LIMITS	ALL COVERED PERSONS
ACCIDENTAL INJURY BENEFITS CATEGORY		1 ERSONS
Fracture Benefit (C	closed)	
Face or Nose (except mandible or maxilla)		\$2,000
Skull Fracture - depressed (except bones of face or nose)		\$6,000
Skull Fracture - non depressed (except bones of face or nose)		\$2,500
Lower Jaw, Mandible (except alveolar process)		\$1,000
Upper Jaw, Maxilla (except alveolar process)		\$2,000
Upper Arm between Elbow and Shoulder (humerus)		\$2,000
Shoulder Blade (scapula), Collarbone (clavicle, sternum)	If more than one bone is fractured, the amount we will pay for all fractures combined will be no more than 2 times the highest Fracture Benefit.	\$1,000
Forearm (radius and/or ulna), Hand, Wrist (except fingers)		\$1,500
Rib		\$1,000
Finger, Toe		\$400
Vertebrae, Body of (excluding vertebral processes)		\$2,000
Vertebral Process		\$750
Pelvis (includes ilium, ischium, pubis, acetabulum except coccyx)		\$2,000
Hip, Thigh (femur)		\$6,000
Соссух		\$750
Leg (tibia and/or fibula)		\$2,000
Kneecap (patella)		\$750
Ankle		\$750
Foot (except toes)		\$750
Chip Fracture		25%
Fracture Benefit (Open)		
Face or Nose (except mandible or maxilla)	If more than one bone is fractured, the	\$4,000



Skull Fracture - depressed (except bones of face or nose)	amount we will pay for all fractures combined will be no more than 2 times the highest Fracture Benefit.	\$12,000
Skull Fracture - non depressed (except bones of face or nose)		\$5,000
Lower Jaw, Mandible (except alveolar process)		\$2,000
Upper Jaw, Maxilla (except alveolar process)		\$4,000
Upper Arm between Elbow and Shoulder (humerus)		\$4,000
Shoulder Blade (scapula), Collarbone (clavicle, sternum)		\$2,000
Forearm (radius and/or ulna), Hand, Wrist (except fingers)		\$3,000
Rib		\$2,000
Finger, Toe		\$800
Vertebrae, Body of (excluding vertebral processes)		\$4,000
Vertebral Process		\$1,500
Pelvis (includes ilium, ischium, pubis, acetabulum except coccyx)		\$4,000
Hip, Thigh (femur)		\$12,000
Соссух		
Leg (tibia and/or fibula)		
Kneecap (patella)		\$1,500
Ankle		\$1,500
Foot (except toes)		\$1,500
Chip Fracture		25%
Dislocation Benefit	t (Closed)	
Lower Jaw		\$1,000
Collarbone (sternoclavicular)		\$1,500
Collarbone (acromioclavicular and separation)		\$1,000
Shoulder (glenohumeral)		\$1,000
Rib		\$1,000
Elbow	If more than one joint is dislocated, the	\$1,000
Wrist	amount we will pay for all dislocations combined will be no more than 2 times	\$1,000
Bone or Bones of the Hand (other than fingers)	the highest Dislocation Benefit.	\$1,000
Hip		\$5,000
Knee (except patella)		\$2,500
Ankle - Bone or bones of the Foot (other than toes)	nkle - Bone or bones of the Foot (other than toes)	
One Toe or Finger		
Partial Dislocation		25%



Dislocation Benefit	(Open)	
Lower Jaw		\$2,000
Collarbone (sternoclavicular)		\$3,000
Collarbone (acromioclavicular and separation)		\$2,000
Shoulder (glenohumeral)		\$2,000
Rib		\$2,000
Elbow	If more than one joint is dislocated, the	\$2,000
Wrist	amount we will pay for all dislocations combined will be no more than 2 times	\$2,000
Bone or Bones of the Hand (other than fingers)	the highest Dislocation Benefit.	\$2,000
Hip		\$10,000
Knee (except patella)		\$5,000
Ankle - Bone or bones of the Foot (other than toes)		\$4,000
One Toe or Finger		\$600
Partial Dislocation		25%
Burn Benefi	t	
2nd Degree w/ less than 10% of surface skin burnt		\$100
2nd Degree 10-25% surface skin burnt		\$200
2nd Degree 25-35% surface skin burnt		\$750
2nd Degree 35% or more of surface skin burnt	1 time per accident;	\$1,500
3rd Degree w/ less than 10% of surface skin burnt	Unlimited time(s) per calendar year	\$1,500
3rd Degree 10-25% surface skin burnt		\$2,000
3rd Degree 25-35% surface skin burnt		\$7,500
3rd Degree 35% or more of surface skin burnt		\$15,000
Concussion Bel	nefit	
Concussion	1 time(s) per calendar year	\$200
Coma Benefit		
Coma	1 time(s) per accident; Unlimited time(s) per calendar year	\$15,000
Laceration Ben	efit	
Without repair by stiches		\$100
Repaired by stiches but less than 2 inches long	1 time per accident; 3 time(s) per calendar year	\$150
Repaired by stiches and 2-6 inches long		\$400
Repaired by stiches and over 6 inches long		\$800
Broken Tooth Benefit		
Crown	1 time(s) per accident;	\$450



	Unlimited time(s) per calendar year (applies to all procedures)	
Extraction	1 time(s) per accident; Unlimited time(s) per calendar year (applies to all procedures)	\$150
Filling	1 time(s) per accident; Unlimited time(s) per calendar year (applies to all procedures)	\$75
Eye Injury Bend	efit	
Eye Injury	1 time(s) per accident; Unlimited time(s) per calendar year	\$400

		HIGH PLAN	
BENEFIT	BENEFIT LIMITS	ALL COVERED PERSONS	
MEDICAL TREATMENT AND SERVICE	ES BENEFITS CATEGORY		
Ground Ambulance	Benefit		
Ground Ambulance	1 time(s) per accident; Unlimited time(s) per calendar year	\$500	
Air Ambulance B	enefit		
Air Ambulance	1 time(s) per accident; Unlimited time(s) per calendar year	\$1,500	
Emergency Care I	Emergency Care Benefit		
Emergency Room	1 time per accident (combined with Non-	\$400	
Physician's Office	Emergency Initial Care Benefit). Payable within 96 hours after the accident.	\$200	
Urgent Care		\$250	
Non-Emergency Initial (Care Benefit		
Non-Emergency Initial Care	1 time per accident (combined with Emergency Care Benefit)	\$100	
Medical Testing E	Benefit		
Medical Testing (MRI/MR, Ultrasound, NCV, CT/CAT, EEG)	2 time(s) per accident; Unlimited time(s) per calendar year	\$300	
Medical Testing (X-rays)		\$200	
Physician Follow-Up Benefit			
Physician Follow-Up Visit	2 time(s) per accident; 6 time(s) per calendar year	\$150	
Transportation Benefit			



Transportation	1 time(s) per accident; 2 time(s) per calendar year	\$50
Therapy Services Benefit		
Acupuncture		\$100
Chiropractic Therapy		\$100
Cognitive Behavioral Therapy	-	\$100
Occupational Therapy	10 time(s) per accident;	\$100
Physical Therapy	Unlimited time(s) per calendar year	\$100
Respiratory therapy		\$100
Speech Therapy		\$100
Vocational Therapy		\$100
Pain Benefit		
Pain Management (for Epidural Anesthesia)	1 time(s) per accident; Unlimited time(s) per calendar year	\$150
Prosthetic Device B	Benefit	
One Device Only	1 time(s) per accident;	\$1,000
More than One Device	Unlimited time(s) per calendar year	\$2,000
Medical Appliance	Medical Appliance Benefit	
Brace		\$150
Cane		\$150
Crutches		\$200
Walker - expected use < 1yr		\$200
Walker - expected use >=1 yr		\$400
Walking Boot		\$150
Wheel chair or motorized scooter - expected use < 1yr		\$300
Wheel chair or motorized scooter - expected use >=1yr		\$1,000
Other medical device used for Mobility		\$150
Medical Appliance Benefit Limit (for all appliances combined per accident)		\$1,000
Modification Benefit		
Modification	1 time(s) per accident; Unlimited time(s) per calendar year	\$1,500
Blood/ Plasma/ Platelets Benefit		
Blood/Plasma/Platelets	1 time(s) per accident; Unlimited time(s) per calendar year	\$500



Surgery Benefits		
Surgical Repair – Cranial		\$2,000
Surgical Repair – Hernia		\$200
Surgical Repair – Ruptured Disc		\$1,000
Surgical Repair – Skin Graft (% of Burn Benefit)		50%
Surgical Repair – Torn Cartilage in Knee	1 time(s) per accident	\$1,000
Surgical Repair – Torn tendon/ligament/rotator cuff - one	1 time(s) per accident; Unlimited time(s) per calendar year	\$1,000
Surgical Repair – Torn tendon/ligament/rotator cuff - two or more		\$1,500
Surgical Repair – Thoracic Cavity or Abdominal Pelvic Cavity		\$2,000
Exploratory Surgery (for any Surgery Benefit procedure)		\$200
Other Outpatient Surgery Benefit		
Other Outpatient Surgery Benefit	1 time(s) per accident; Unlimited time(s) per calendar year	\$500

		HIGH PLAN
BENEFIT	BENEFIT LIMITS	ALL COVERED PERSONS
ACCIDENT – HOSPITAL BENE	EFITS CATEGORY	
Hospital Admission	Benefit	
Admission	1 time per aggident	\$2,000
ICU Supplemental Admission (paid in addition to Admission)	Supplemental Admission (paid in addition to Admission) 1 time per accident; Unlimited times per calendar year	
Hospital Confinemen	t Benefit	
Confinement	31 days per accident. Payable after the first day of admission.	\$400
ICU Supplemental Confinement (paid in addition to Confinement)	ICU Supplemental Confinement will pay an additional benefit for 31 of those days.	\$200
Inpatient Rehabilitation Benefit		
Inpatient Rehabilitation	15 days per accident; 30 days per calendar year	\$150

		HIGH PLAN
BENEFIT	BENEFIT LIMITS	ALL COVERED PERSONS
OTHER BENEFITS CATEGORY		
Health Screening Benefit	1 time(s) per calendar year	\$100



Lodging Benefit	15 day(s) per calendar year	\$200
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Organized Sports Activity Injury Benefit Rider

This coverage includes an Organized Sports Activity Benefit Rider. The rider increases the amount payable under the Certificate for certain benefits by 25% for injuries resulting from an accident that occurred while participating as a player in an organized sports activity. The rider sets forth terms, conditions and limitations, including the covered persons to whom the rider applies.

Notes Regarding Certain Benefits:

• Lodging Benefit: The lodging benefit is not available in all states. It provides a benefit for a companion accompanying a covered insured while hospitalized, provided that lodging is at least 50 miles from the insured's primary residence

Benefit Payment Example

Kathy's daughter, Molly, was riding her bike to school. On her way there she fell to the ground, was knocked unconscious, and was taken to the local emergency room (ER) by ambulance for treatment. The ER doctor diagnosed a concussion and a broken tooth. He ordered a CT scan to check for facial fractures too, since Molly's face was very swollen. Molly was released to her primary care physician for follow-up treatment, and her dentist repaired her broken tooth with a crown. Depending on her health insurance, Kathy's out-of-pocket costs could run into hundreds of dollars to cover expenses like insurance co-payments and deductibles. MetLife Group Accident Insurance payments can be used to help cover these unexpected costs.

Covered Event ³	Benefit Amount
Ambulance (ground)	\$500
Emergency Care	\$400
Physician Follow-Up (\$150 x 2)	\$300
Medical Testing	\$200
Concussion	\$200
Broken Tooth (repaired by crown)	\$450
Benefits paid by MetLife Group Accident Insurance	\$2,050

Benefit amount is based on a sample MetLife plan design. Actual plan design and benefits may vary.

Questions & Answers

- Q. Who is eligible to enroll for this accident coverage?
- A. You are eligible to enroll yourself and your eligible family members!⁴ You need to enroll during your Enrollment Period and to be actively at work for your coverage to be effective.
- Q. How do I pay for my accident coverage?
- A. Premiums will be paid through payroll deduction, so you don't have to worry about writing a check or missing a payment.
- Q. What happens if my employment status changes? Can I take my coverage with me?
- A. Yes, you can take your coverage with you.⁵ You will need to continue to pay your premiums to keep your coverage in force. Your coverage will only end if you stop paying your premium or if your employer offers you similar coverage with a different insurance carrier.
- Q. Who do I call for assistance?
- A. Contact a MetLife Customer Service Representative at 1 800- GET-MET8 (1-800-438-6388), Monday through Friday from 8:00 a.m. to 8:00 p.m., EST. Or visit our website: mybenefits.metlife.com.



Insurance Rates

MetLife offers group rates and payroll deduction, so you don't have to worry about writing a check or missing a payment! Your employee rates are outlined below.

Accident Insurance	Monthly Cost to You
Coverage Options	High Plan
Employee	\$12.96
Employee & Spouse	\$21.51
Employee & Child(ren)	\$24.43
Employee & Spouse/Child(ren)	\$32.98

¹ Covered services/treatments must be the result of a covered accident or sickness as defined in the group policy/certificate. See your Disclosure Statement or Outline of Coverage/Disclosure Document for full details.

² Availability of benefits varies by state. See your Disclosure Statement or Outline of Coverage/Disclosure Document for state variations.

³ Benefits and amounts are based on sample MetLife plan design. Plan design and plan benefits may vary.

¹⁵ Eligibility for portability through the Continuation of Insurance with Premium Payment provision may be subject to certain eligibility requirements and limitations. For more information, contact your MetLife representative.]

METLIFE'S ACCIDENT INSURANCE IS A LIMITED BENEFIT GROUP INSURANCE POLICY. The policy is not intended to be a substitute for medical coverage and certain states may require the insured to have medical coverage to enroll for the coverage. The policy or its provisions may vary or be unavailable in some states. There are benefit reductions that begin at age 65, if applicable. Like most group accident and health insurance policies, policies offered by MetLife may include waiting periods and contain certain exclusions, limitations and terms for keeping them in force. For complete details of coverage and availability, please refer to the group policy form GPNP12-AX or contact MetLife.

Benefits are underwritten by Metropolitan Life Insurance Company, New York, NY. Hospital does not include certain facilities such as nursing homes, convalescent care or extended care facilities. See MetLife's Disclosure Statement or Outline of Coverage/Disclosure Document for full details.



⁴ Coverage is guaranteed provided (1) the employee is actively at work and (2) dependents to be covered are not subject to medical restrictions as set forth on the enrollment form and in the Certificate. Some states require the insured to have medical coverage. Children may be covered to age 26. There are benefit reductions that may begin at age 65.