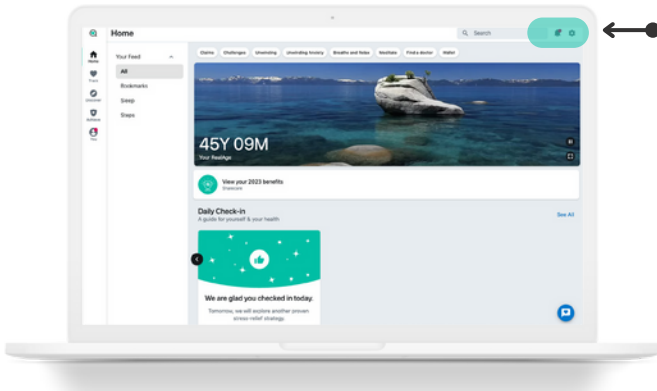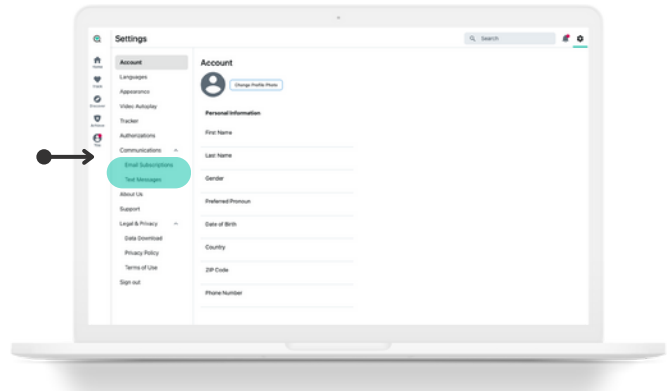|

Live Well. Be Well.

How to update your communication preferences

WEB

1 Sign in to your Sharecare account then select the **gear icon**. ⚙
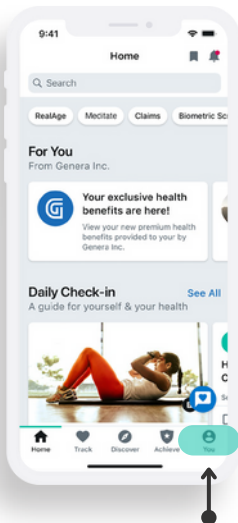

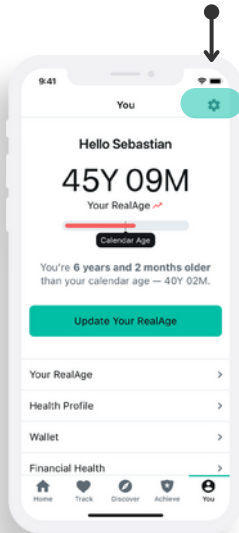**2** Under **Communications**, you can select the communication method you wish to update.
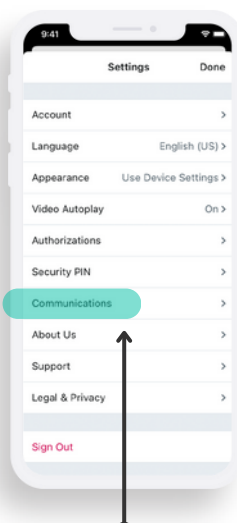

MOBILE

1 Sign in to your Sharecare account then select **You**. 👤

2 Select the **gear icon**. ⚙

3 Select **Communications**.

4 Select the **communication method** you wish to update.