




How to Update Your Email

If you are having difficulty logging into your Live Well. Be Well. account due to a change in email or a forgotten password, follow the instructions below to update your account.

If you know your password:

- Log in to parsons.sharecare.com with the email and password you used to create your Sharecare account (this may be a personal or a work email).
- Go to “Settings” by clicking “You” and clicking the gear icon .
- Click “Account”.
- Scroll to the bottom of the page.
- Click “Change Email” and update your email to the desired email address by following the prompts on the screen. You will be prompted to enter your password before changing your email.

If you do not know your password:

- Visit parsons.sharecare.com, select "Sign In", and then "Forgot Password?".
- If you do not have access to your Sharecare account email address and/or do not know your password, call Sharecare customer service at 855-203-5506 and a customer service representative can assist in updating your account.

