

Live Well. Be Well.

Take your first step to a younger you

How to register for Sharecare



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Using your phone, get started at parsons.sharecare.com. New users select Get Started. Existing Sharecare users, select Sign In to link to your Parsons information.

Take the RealAge Te: measure of your ove personalized recomm can improve it.	st now to get an accurat rall health, and nendations on how you
Already a Sharecare	User? Sign In
Account Detail	5
First Name	
Last Name	
Date of Birth	(MM/DD/YYY)
ZIP Code	
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Verify your mer Confirm you eligibil Genera enterprise p advantage of the es available to Genera	nbership ity to participate in the orogram and take the cclusive features members.
Enter your Member it appears on your	ID number exactly as card.
	Next

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Complete the required fields including your Parsons Workday ID. If you are the spouse/ domestic partner of a Parsons employee, please use their 5-digit employee ID to register. Click Next.



3

Choose your login credentials and click Next.



4

Acknowledge your authorizations and messaging preferences. Then click Create Account.

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5

Click Get the App to navigate to the App Store or Google Play. Download the app.



Welcome to Sharecare Want to make things even better? Take the RealAge test. It's based on the latest science and you'll learn how habits make or break your health. You'll get tips,

recipes, videos and more - all tailored to vou.





Click Get Started to take the RealAge test. If you have taken the RealAge test previously, you will need to complete it again after linking your accounts.





Add your phone number. As an additional layer of account security, Sharecare features multifactor authentication (2step verification). First time sign in will require a 6-digit verification code. Verification is available via, email, SMS or voice (mobile or landline).

For more information, call 855-203-5506.

Sharecare, Inc. administers the Parsons Live Well. Be Well. program. © 2023 Sharecare, Inc.

Before you download Sharecare, you must register from a web browser on your computer or mobile device at parsons.sharecare.com. Then, create your user ID and password to use when you sign in to Sharecare. Otherwise, you won't get the added benefits from Parsons.