PARSONS Q sharecare

Live Well. Be Well.

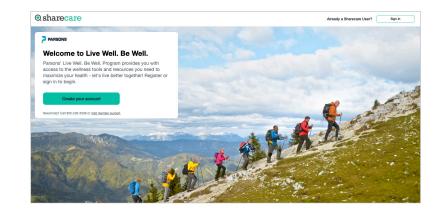
Take your first step to a younger you

How to register for Sharecare

1

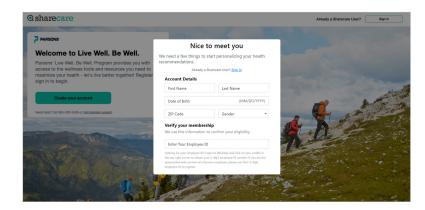
Using your desktop, get started at **parsons.sharecare.com**. New users select **Get Started**. Existing Sharecare users, select Sign In to link to your Parsons information.



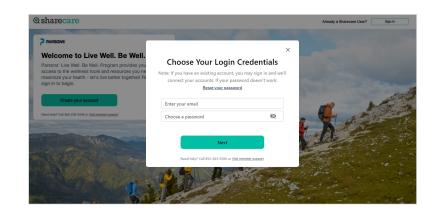




Complete the required fields including yourParsons Workday ID. If you are the spouse/domestic partner of a Parsons employee, please use their 5-digit employee ID to register. Click **Next.**









Live Well. Be Well.



5

6

Acknowledge your authorizations and messaging preferences. Then click Create Account.

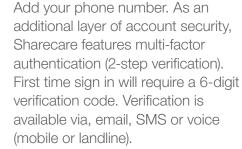
Enter your mobile phone number to

the Sharecare app.

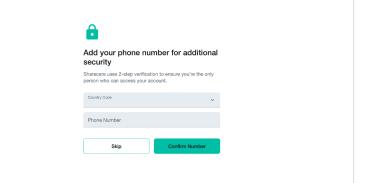
receive a text with a link to download

And a second		
PARSONS Welcome to Live Well. Be Well.	Help protect your privacy	
Parsons' Live Well. Be Well. Program provides you with access to the wellness tools and resources you need to maximize your health - let's live better together! Register c sign in to begin.	The Genetic Information Nondiscrimination Act (GINA) protects you against discrimination based on your genetic information. Acceptance is required to proceed	and the second
Create your account	I Agree to the terms and conditions outlined in the Genetic Information Nondiscrimination Act (GINA).	
Need help? Call 855-203-5506 or <u>Visk member succent</u> .	HIPAA HIPAA allows you to manage and own your health	
	Interve allows you to manage and own your nearn	
	Messaging Preferences	A
	 I want to receive email notifications, alerts and other messages from Sharecare (I can opt out at any time). 	and the second
	AT	

Download the Sharecare App!		
	Get the most from your account: • Sync wearables to seamlessly track steps, heart rate, and more. • Find challenges to lower your RealAge. • Get the convenience of a dedicated app. Enter your mobile number	Skip

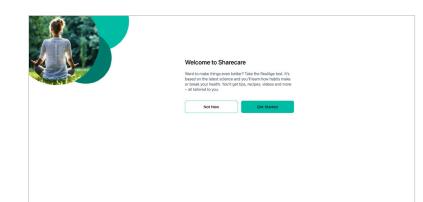


Add your phone number. As an	
additional layer of account security,	
Sharecare features multi-factor	
authentication (2-step verification).	
First time sign in will require a 6-digit	
verification code. Verification is	
available via, email, SMS or voice	
(mobile or landline).	





Click Get Started to take the RealAge test. If you have taken the RealAge test previously, you will need to complete it again after linking your accounts.



For more information, call 855-203-5506.

Sharecare, Inc. administers the Parsons Live Well. Be Well. program. © 2023 Sharecare, Inc.

Before you download Sharecare, you must register from a web browser on your computer or mobile device at parsons.sharecare.com. Then, create your user ID and password to use when you sign in to Sharecare. Otherwise, you won't get the added benefits from Parsons.